

CardHub

Recently, the F&M Bank mobile app introduced "CardHub", a service that keeps tabs on your debit card transactions in real-time.

If you have a debit card with F&M Bank, you have access to CardHub. All you need to do is access the F&M Bank app (see below for an easy access QR code!) and you're off! All of your cards are automatically added to the CardHub, which is found under the "Cards" tab in your mobile app. If you don't see a card you would like to monitor, you can easily add it by scanning the physical card with your phone.

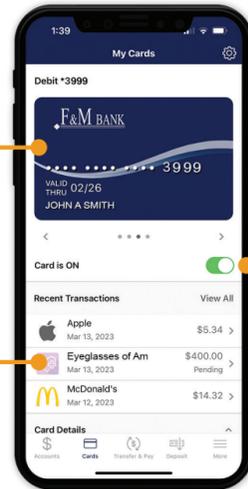


Toggle Between Cards

Easily see details on all your F&M debit cards, whether it be business, consumer, or HSA.

Monitor Transactions

View pending and settled transactions, including details like merchant name, location, contact details, and more.



Stop Fraud Fast

Suspect fraudulent activity? Turn your card off in seconds.



Real-time control

Transaction Denials If a transaction is denied, a notification will alert you to the denial. Depending on the denial reason, you can choose to authorize it within 10 minutes.

Spend Insights Spend Insights helps with monthly budgeting and tracking spending habits. You'll be able to see a chart of what, when, and where your money is spent. Transactions are grouped monthly and organized into categories such as Personal Care, Department Store, Restaurant, Gas Station, and more.

Card on File Keep tabs on which merchants have your card on file and track recurring payments, subscriptions, and installment payments.

Controls & Alerts Receive notifications and set controls on where, when, and how your card is used. This includes setting your approved locations, regions, merchant and transaction types, and spend limits.

Manage Travel Plans You can now add your own travel plans within the United States using CardHub with up to two travel plans per card.



Scan me to download!



F&M BANK

"The Right Choice"

101 E Main St, Manchester, IA 52057
 220 W Main St, Anamosa, IA 52205
 4000 1st Ave NE, Cedar Rapids, IA 52402
 200 1st St SW, Cedar Rapids, IA 52404
 111 E 1st St, Monticello, IA 52310
 7641 Lake Dr, Lino Lakes, MN 55014
 845 E County Rd E, Vadnais Heights, MN 55127



Congratulations Gordy Goettsch

Celebrating 40 Years on our Board

Gordy is retiring after serving on the F&M Bank Board of Directors. Thank you for your leadership & commitment to excellence making F&M "The Right Choice!"

F&M BANK

"The Right Choice" MEMBER FDIC

F&M BANK

"The Right Choice"

Minnesota SPRING 2023

CardHub

Security at your fingertips
 PAGE 5



F&M Spotlight

Tirzah Wedewer, CFO, highlights bank's strength
 PAGE 2

Regency Trip

Australia Trip recap
 PAGE 4



To Our Valued Clients

Often in a family-owned business, my brother and I often debate the question of “Who gets the spotlight?”. Being slightly introverted, I most often prefer to be the one to focus the attention on Nate, our tremendous and courageous leader of our cohesive team of financial advisors. He has been a change catalyst in all areas of the Bank, but most notably instilling in our team the “F&M Way”! Please stay tuned, we will feature our culture initiative in the next newsletter.

Nate has asked me to “take the spotlight” in this newsletter to give a recap on the Bank’s financials. To begin with, much like all of you, the bank is navigating through, at times, turbulent and uncertain waters. As we wrap up 2022 and begin 2023, the Bank continues to adjust to increasing interest rates as the Federal Reserve tries to cool down inflation. Having diversity in our markets helps in offsetting these fluctuations. Today and in the future, please know that we are here to celebrate when your personal or professional goals are met and, more importantly, here to assist you when times are challenging.

Overall, 2022 was a solid year of prudent and profitable growth for F&M Bank. When we look at our balance sheet, we typically focus on five key factors: assets, liquidity, loans, deposits, and equity. Simply put, our assets are what the bank **owns**, liabilities are what the bank **owes**, and capital is a measure of **soundness and growth**. Compared to 2021, assets remained steady at \$593 million. Much like you, we are re-balancing our investment portfolio and redeeming lower yielding bonds to boost our liquidity position. Due to the inverted yield curve, now, more than ever, “cash is king”. We have been intentional in strengthening our excess funds balances or in other words, enhancing our liquidity position. Loans were up 8% compared to year end 2021, indicating solid growth and continued demand. Deposits also grew year over year. Deposit growth has been a top priority throughout our organization since this is the primary way that we fund our loan growth. As I previously mentioned, when you have money to invest you want to deploy it to maximize your rate of return while being aligned with your future goals. F&M currently offers a variety of competitive certificate of deposit specials – we encourage you to visit your nearest location or give us a call so we can visit with you about **your** future goals. At F&M, our capital and capital ratios continue to be a strength of the Bank.

In previous newsletters, Nate has shared “Why” F&M Bank exists. One of the reasons is to continually make a greater impact in the communities we serve as a team versus individuals. We are pleased with the success of our F&M Cares donations which have totaled over \$185,000.00 since 2000. Our F&M Cares program is funded **100% by team member donations**. We are currently kicking off a bank wide charitable fundraiser where the bank will be matching employee donations up to \$5,000.00 in each of our markets. We exist and thrive not only as your financial advisor but also to reinvest our time, talents, and money back into the communities that we serve.

Thank you for giving us the opportunity in providing exceptional service to you, our valued clients, in making F&M “The Right Choice”.

Sincerely yours,

Tirzah Wedewer • Executive Vice President & CFO
twedewer@fmbank.biz

WELCOME NEW TEAM MEMBER



Sheila Nelson

Sheila Nelsen started at F&M in November with the Cash Management Team. Sheila has spent 30 years working for small community banks in various roles, mostly cash management operation and sales. Sheila lives in White Bear Lake with her husband Dan; they have two adult boys, her youngest recently married. Dan and Sheila enjoy traveling, particularly visiting and hiking National Parks as well as exploring Minnesota parks and trails. She is very excited about being part of the F&M Team!

CELEBRATING RETIREMENT



Darlene Ludlow

Congratulations to Darlene Ludlow, Customer Service Representative, on her retirement! Darlene has been a valued team member since 2015.

SAVE *the* DATE

Have Lunch with Us
Tuesday, July 25th
Vadnais Heights

Women in Business Luncheon
Thursday, October 5th
North Oaks Golf Club

IN THE COMMUNITY

SALVATION ARMY BELL RINGING

Team members rang bells for the Salvation Army outside Cub Foods in White Bear Lake.



TOY DRIVE

Team members in Lino Lakes and Vadnais Heights collected toy donations for those in need.

IRA Update

The SECURE Act 2.0 made several changes to retirement accounts. One important rule determines when you must start taking a Required Minimum Distribution (RMD) from your IRA. The beginning age for RMDs of owners of traditional IRAs is transitioning in stages from 70½ to age 75. Anyone who turned 72 in 2022 or earlier followed the old rules. In 2022, the RMD age changed to age 72. An IRA accountholder’s RMD age changes to 73 from age 72 in 2023.

For further information on these changes, please talk to your F&M Bank IRA expert or your tax professional.

GROW YOUR MONEY

with a F&M Bank Certificate of Deposit!

Contact us

to find out what CD fits best with your investment plan!



REGENCY CLUB EVENTS

Australian Tour - 2023

In late January and early February, our Regency Club traveled to New Zealand and Australia. They started their adventure with a cruise through New Zealand visiting much of the South Island and making stops in ports such as Picton, Christchurch, and Port Chalmers, before sailing across the Tasman Sea to Hobart, Tasmania and continuing on to the Australian mainland. The group covered a lot of ground in Australia visiting highlights such as the Sydney Opera House, Uluru (Ayer’s Rock) in the “Outback”, the Great Barrier Reef and Kurunda in Queensland, and ending their adventure in Melbourne!



Sue Peacock & Britta Grebner
F&M Bank Regency Club Event Coordinators



Welcome *Bill Havertape*

F&M Bank is pleased to welcome Bill Havertape to its Board of Directors. Mr. Havertape was unanimously appointed at the board meeting on February 21, 2023. Bill is the owner of 88 Hedge, a futures brokerage in Cedar Rapids with decades of experience in helping grain and livestock producers manage risk. Bill resides in Cedar Rapids with his wife Brenda. He also has a son Will, who lives in Florida. Bill is a proud supporter of Sleep in Heavenly Peace, Coe College Clay Target Club, 10 Can, and St. Matthew’s Church. In his spare time, he enjoys flying as a private pilot. If he’s not out flying, he’s likely to be found enjoying the outdoors while hunting, fishing, hiking, biking, or cutting wood. In addition, he is also a wine maker and brewer of craft beers.